



# Rostral-Caudal Hippocampal Functional Convergence Is Reduced Across the Alzheimer's Disease Spectrum

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## Abstract

Beginning in the early stages of Alzheimer's disease (AD), the hippocampus reduces its functional connections to other cortical regions due to synaptic depletion. However, little is known regarding connectivity abnormalities within the hippocampus. Here, we describe rostral-caudal hippocampal convergence (rcHC), a metric of the overlap between the rostral and caudal hippocampal functional networks, across the clinical spectrum of AD. We predicted a decline in rostral-caudal hippocampal convergence in the early stages of the disease. Using fMRI, we generated resting-state hippocampal functional networks across 56 controls, 48 early MCI (EMCI), 35 late MCI (LMCI), and 31 AD patients from the Alzheimer's Disease Neuroimaging Initiative cohort. For each diagnostic group, we performed a conjunction analysis and compared the rostral and caudal hippocampal network changes using a mixed effects linear model to estimate the convergence and differences between these networks, respectively. The conjunction analysis showed a reduction of rostral-caudal hippocampal convergence strength from early MCI to AD, independent of hippocampal atrophy. Our results demonstrate a parallel between the functional convergence within the hippocampus and disease stage, which is independent of brain atrophy. These findings support the concept that network convergence might contribute as a biomarker for connectivity dysfunction in early stages of AD.

**Keywords** Alzheimer's disease · Brain network · Functional connectivity · Hippocampus · Mild cognitive impairment

## Introduction

Brain network dysfunction in Alzheimer's disease (AD) is associated with the accumulation of tau aggregates in the mesial temporal isocortex [1], which spread to functionally and anatomically connected structures, accompanied by subsequent

neurodegeneration [2, 3]. In AD, disrupted patterns of functional connectivity are also present in the hippocampi [4] and their functionally connected structures [5, 6]. In fact, connectivity disruption between the hippocampus and the posterior cingulate cortex can also be observed in mild cognitive impairment (MCI), suggesting that such abnormalities are present at early

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stages of AD [7–10]. However, while hippocampal connectivity with other brain regions has been thoroughly studied, functional connectivity changes within hippocampal areas remain unclear in MCI and AD.

The examination of the Venn diagram–like overlap between two or more independent subnetworks within a given anatomical structure, such as the rostral and caudal networks of the hippocampus, provides an attractive index to test functional convergence of anatomical structures. It is expected that a decline in functional convergence would be observed during the course of neurodegenerative conditions. By employing conjunction analyses, previous research investigating the functional segmentation of brain structures identified areas that converge or share processing components in the amygdala, insula, and cingulate cortex [11, 12]. However, the applications of functional convergence to neurological and psychiatric diseases are poorly understood.

Rostral-caudal hippocampal convergence (rcHC) is of interest in the context of AD due to the early appearance of neurofibrillary tangles in the hippocampus [1], which may disrupt patterns of hippocampal connectivity. While recent research has pointed to a decrease in coherent neuronal activity between the rostral and caudal hippocampus [13, 14], the functional integrity of the hippocampus has received little attention. Crucially, these previous reports failed to differentiate early MCI (EMCI) from late MCI (LMCI), a distinction which allows for a more granular description of the AD spectrum and may identify a distinct clinical stage that may be optimal for disease-modification interventions.

As such, we sought to study the rcHC by probing areas simultaneously connected with both the rostral and caudal hippocampi. Furthermore, we measured the impact of AD stages on the stability of these connections. We hypothesized a progressively declining rcHC functional organization across the pre-dementia stages of AD.

## Materials and Methods

### Participants

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database ([adni.loni.usc.edu](http://adni.loni.usc.edu), accessed December 2017). The ADNI was launched in 2003 as a public-private partnership led by principal investigator Michael W. Weiner, MD. The primary goal of ADNI has been to test whether serial MRI, PET, other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of MCI and early AD.

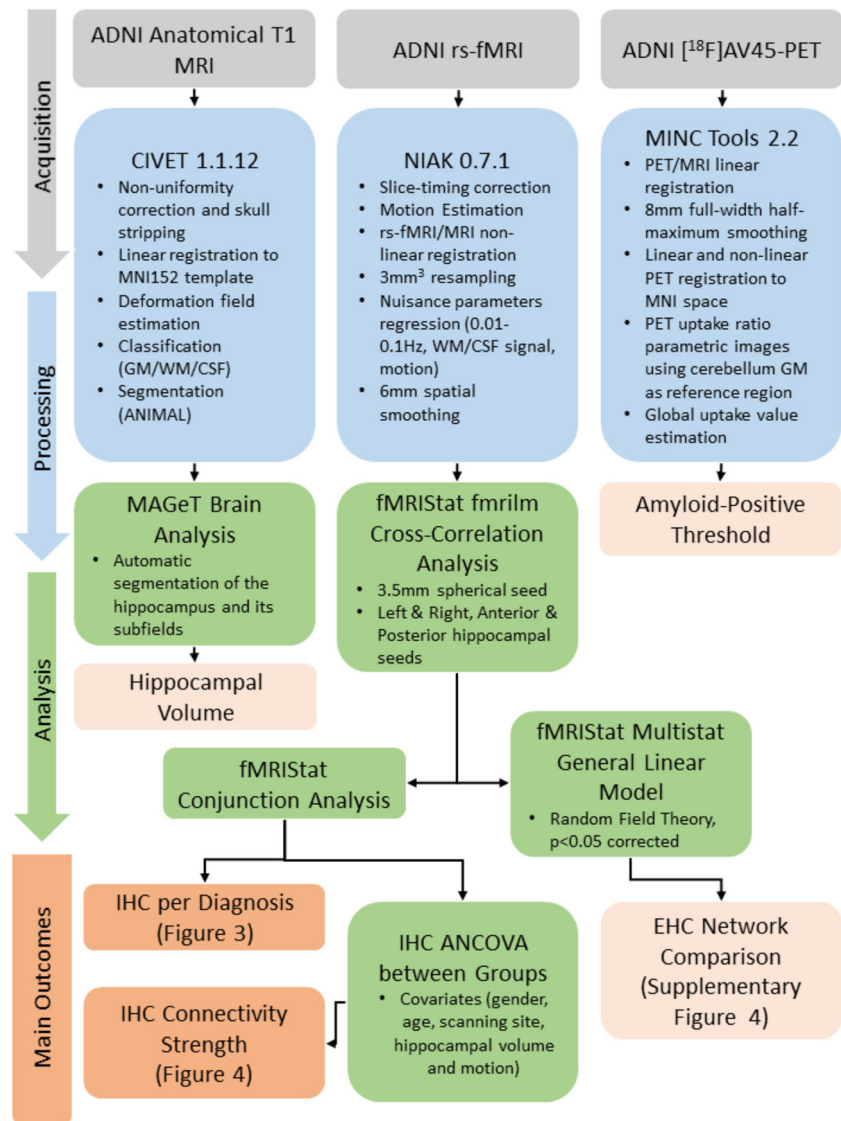
The ADNI study received approval from the Institutional Review Board of each participating institution. Informed written consent was obtained from all participants in this study.

Participants that are free of memory complaints and have normal memory function, as assessed using a Logical Memory II subscale and the Mini-Mental Score Test ( $> 24$ ), were characterized as controls. MCI participants were defined as (i) a subjective memory concern as reported by subject, study partner, or clinician; (ii) abnormal memory function documented by scoring within education adjusted ranges; (iii) MMSE score between 24 and 30; (iv) CDR = 0.5 with a memory box score of at least 0.5; and (v) general cognition and functional performance sufficiently preserved such that a diagnosis of AD cannot be made by the site physician at the time of the screening visit. MCI patients were further divided into early and late MCI groups using a Memory Scale Logical Memory II, as specified by ADNI guidelines (Alzheimer's Disease Neuroimaging [15]). AD patients had a Mini-Mental score below 23, presented noticeable behavioral and memory problems, and had amyloid-positive scans, as assessed using a whole-brain ( $^{18}\text{F}$ )AV-45 PET standard uptake value ratio (SUVR) threshold of 1.26 [16]. Amyloid-negative AD patients were excluded in an effort to obtain a more homogenous group with a similar pathophysiology, given that previous studies demonstrated significant effects of brain amyloid on resting-state networks [17]. The inclusion/exclusion criteria adopted by the ADNI are described in detail at [www.adni-info.org](http://www.adni-info.org) (accessed December 2017).

### Image Acquisition and Preprocessing

ADNI MRI and rs-fMRI standard acquisition protocols are detailed elsewhere (<http://adni.loni.usc.edu/methods>; accessed December 2017). The rs-fMRI database was preprocessed using the Neuroimaging Analysis Kit (NIAK) release 0.7.1 [18]. Each rs-fMRI dataset was corrected for inter-slice difference in acquisition time, and the parameters of a rigid-body motion was estimated for each time frame. The median volume of one selected fMRI run for each subject was co-registered with an individual T1 scan using Minctracc [19], which was itself non-linearly transformed to the Montreal Neurological Institute (MNI) standard template [20] using the CIVET pipeline [21] (Fig. 1). The rigid-body transform, fMRI-to-T1 transform, and T1-to-stereotaxic transform were all combined, and the functional volumes were resampled in the MNI space at a 3-mm isotropic resolution. A “scrubbing” method was used to identify volumes with excessive motion (frame displacement greater than 0.5) [22]. The following nuisance parameters were regressed out from the time series at each voxel: slow time drifts (basis of discrete cosines with a 0.01-Hz high-pass and 0.1 low-pass cutoff), average signals in conservative masks of the white matter and the lateral ventricles, and the first principal components (95% energy) of the six rigid-body motion parameters and their squares [23, 24].

**Fig. 1** Summary of imaging analysis steps. Imaging analysis was conducted using four imaging pipelines. CIVET preprocessed structural images, MAGeT performed an automatic segmentation of the hippocampus, NIAK preprocessed rs-fMRI images, and fMRISat-fmrilm generated the hippocampal connectivity maps. Subsequently, statistical analyses were conducted using fMRISat-multistat. The primary outcome measures were (1) a conjunction analysis per group and (2) a group comparison of rHC connectivity strength using analysis of covariance (ANCOVA).



The fMRI volumes were finally spatially smoothed with a 6-mm isotropic Gaussian blurring kernel. A more detailed description of the pipeline can be found on the NIAK website. All images were manually inspected for issues in conversion, co-registration, BOLD signal, and motion using the NIAK protocol.

In order to ensure that hippocampal connectivity decline is not due to declining hippocampal volume, we employed hippocampal volume as a covariate in our analyses. To determine hippocampal volume, T1 MRI images were automatically segmented using the MAGeT Brain algorithm [25, 26]. Five high-resolution atlases of the hippocampus [27] were used as inputs to label a subject of a cohort, automatically generating a template library which is then used for segmentation of individual subjects' MRIs. These methods are described in detail elsewhere [26, 28]. All automated segmentations were manually inspected by an expert rater with over two years of hippocampal segmentation experience. All scans with

susceptibility artifacts (i.e., signal dropout) in the medial temporal lobes were excluded. Images that failed co-registration quality assessment by visual inspection were excluded.

### Imaging Statistical Analysis

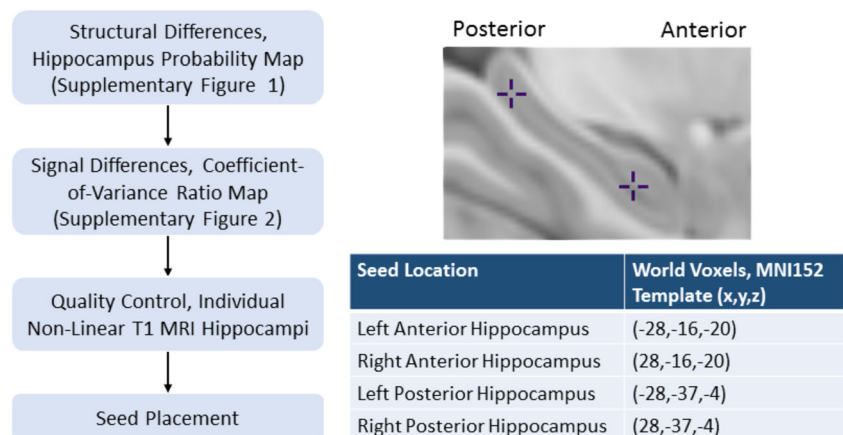
First, we generated functional connectivity maps using the fMRISat-fmrilm toolbox in MATLAB 2012b [29]. Seeds of 3.5-mm radius spheres were generated for both the left (MNI world coordinates 28, -16, -20) and right (28, -16, -20) anterior, and left (-28, -37, -4) and right (28, -37, -4) posterior hippocampal seeds on the MNI template space in each group. To select the seeds' location, we avoided areas susceptible to hippocampal atrophy and signal dropout, using a probabilistic map of the hippocampi per diagnostic group (Supplementary Fig. 1) and a coefficient of variation map (Supplementary Fig. 2). Finally, an expert rater verified that all seeds were within each

individual's non-linearly transformed T1 MRI hippocampi. The seed selection process is illustrated in Fig. 2.

Subsequently, we concatenated multiple fMRI runs to generate one connectivity map for each subject with a fixed effects general linear model, using the fMRISat toolbox. To measure rcHC, we performed a conjunction analysis between the rostral and caudal seed in each diagnostic group to highlight the regions simultaneously functionally connected with the rostral and caudal seed (Fig. 3) [30]. In the present analysis, performing a conjunction analysis provides a measure of integration between the rostral and caudal hippocampal systems across disease stages. Conjunction, the joint refutation of multiple null hypotheses [31], is stringent in nature as it requires the co-occurrence of functional significance in independent brain images and has been previously used to characterize patterns of activation in other brain structures [32]. Performing a conjunction analysis provides a measure of integration between the anterior and posterior hippocampal systems, providing information about rcHC changes within a disease. Because the present study employed only two statistic maps in every conjunction analysis (one for the rostral and caudal hippocampal seeds), this method is valid for determining the conjunction of the two separate effects [33].

Then, the overlapping areas within the hippocampi in controls served as a mask, which was applied to every individual connectivity map. The average  $z$ -values under the mask were calculated, corresponding to the rcHC network strength, and served as input for the analysis of covariance (ANCOVA) model to compute group differences. Sex, age, scanning site, motion, and hippocampal volume served as covariates to determine group differences. The average and 95% confidence interval are depicted in Fig. 4. To determine if there is added value of rcHC over hippocampal volume as a biomarker of disease severity, we conducted an independent sample  $t$  test comparing the hippocampal volumes of early MCI (EMCI) and late MCI (LMCI).

**Fig. 2** Seed selection process. The seed selection process took into account the structural differences of the hippocampus, as well as the resting-state fMRI signal strength. The seed points are placed in areas (1) with low susceptibility to atrophy and signal drop-out and (2) within the range of the hippocampus across all individuals after non-linear co-registration



To validate our dataset with previous findings, we assessed the patterns of functional connectivity between the hippocampus and other brain structures and generated group-level  $t$ -statistical parametric maps of correlation coefficients using a mixed effects model (connectivity maps using multistat in fMRISat toolbox), with sex, age, scanning site, motion, and hippocampal volume as covariates. We masked these extra-hippocampal connectivity parametric maps with the average connectivity maps from controls, thresholded at  $p \leq 0.05$  to discard regions uncorrelated with the seed points, and corrected for multiple comparisons using a Random Field Theory (RFT) statistical significance level of  $p \leq 0.05$  [34, 35]. Differences in extra-hippocampal connectivity between controls and patient groups are presented in Fig. 5. Laterality differences in extra-hippocampal connectivity are presented in Supplementary Fig. 4. Figures were projected on a volume or surface space and generated using MINC Register, Display, and NeuroVault [36].

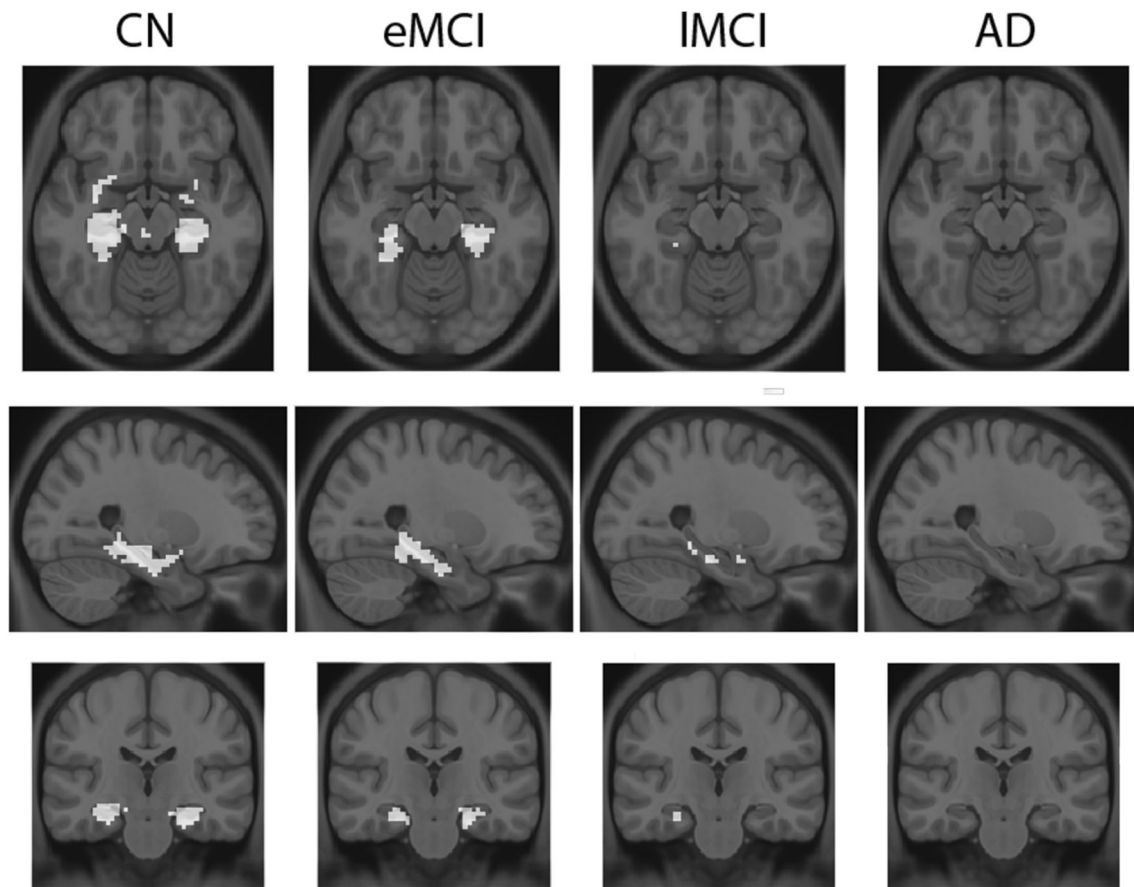
**Data Availability** Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.usc.edu). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data but did not participate in analysis or writing of this report. A complete listing of ADNI investigators can be found at: [http://adni.loni.usc.edu/wp-content/uploads/how\\_to\\_apply/ADNI\\_Acknowledgement\\_List.pdf](http://adni.loni.usc.edu/wp-content/uploads/how_to_apply/ADNI_Acknowledgement_List.pdf)

## Results

### Demographic Differences

Out of 194 participants, six AD patients were amyloid-negative and therefore excluded. An additional 18 subjects were excluded during quality control because of poor acquisition (ex. signal dropout), or co-registration failures.

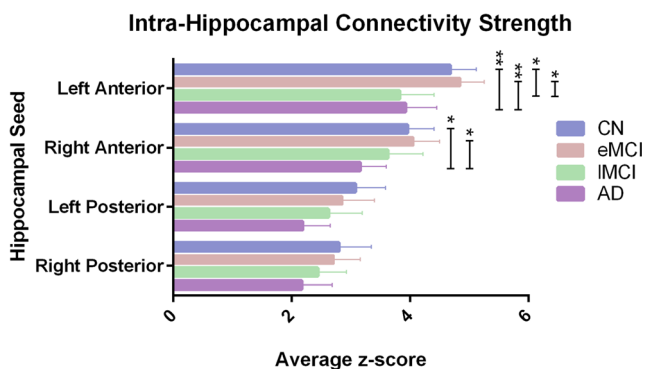




**Fig. 3** Reduced rHC in patients with more advanced disease. rHC, as defined by the conjunction analysis between the rostral and caudal hippocampal networks, is reduced in patients with more advanced

disease (highlighted in white). The figure is a result of the collapses across all subjects within a group

No differences in age, sex, and education were observed. Furthermore, no differences in image frame displacement were observed between disease groups. MMSE scores ( $p \leq 0.001$ ), ApoE4 genetic ( $p \leq 0.001$ ), and amyloid status ( $p \leq 0.001$ ) were significantly different in AD (Table 1).



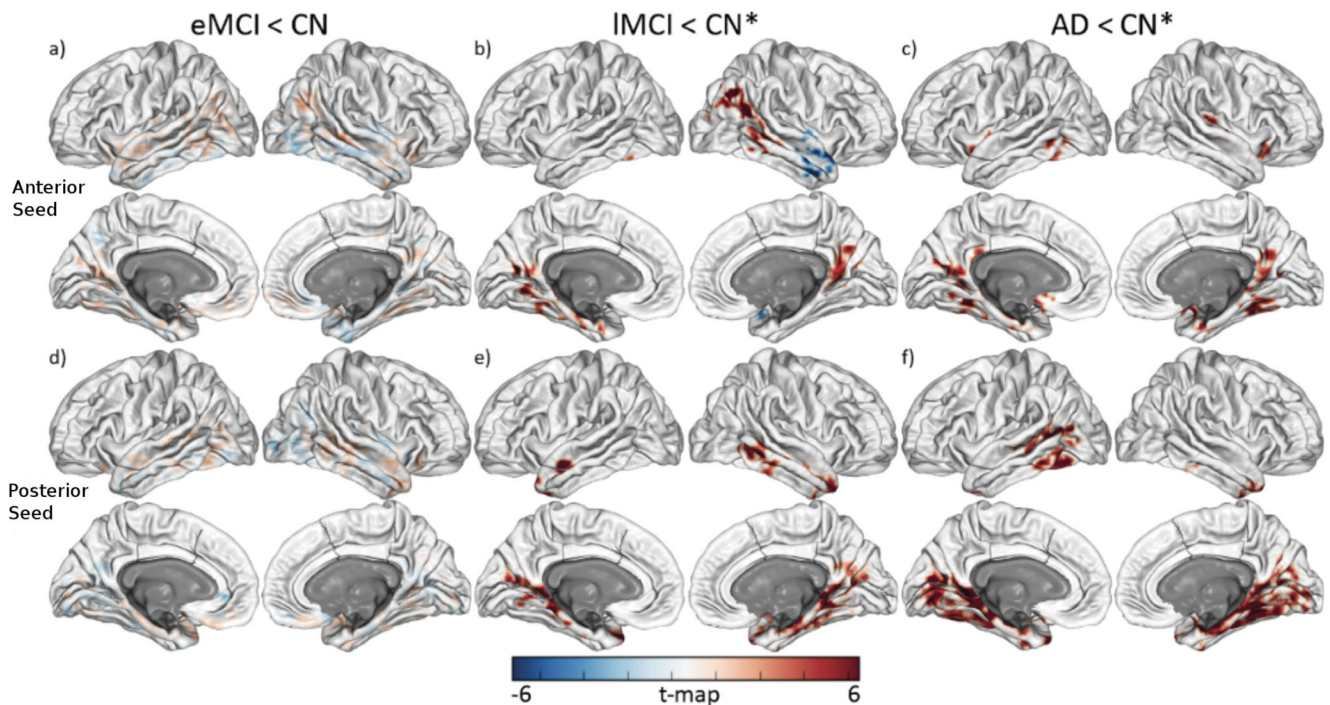
**Fig. 4** Individual rHC connectivity strength by seed and diagnosis group. The error bars show the 95% confidence interval. While both the left and right anterior rHC showed declines with disease severity, the posterior seeds did not. \* $p \leq 0.05$ , \*\* $p \leq 0.01$

### The Intra-Hippocampal Network Conjunction Diminishes with Disease Severity

The conjunction analysis showed significant overlap in healthy controls between the rostral and caudal hippocampal networks. In patients with a more severe disease, we observed a bilateral decrease of the overlap in between the hippocampal networks (Fig. 3). These results are independent of declining hippocampal volume across disease states and of in-scanner head motion as both were employed as covariates in the linear model. No significant difference in hippocampal volume was observed between EMCI ( $4564 \pm 547$ ) and LMCI ( $4786 \pm 603$ ) ( $p = 0.0841$ ).

### RcHC Strength Decrease Is Driven by Changes in the Anterior Hippocampal Network

The left anterior rHC strength was decreased in patients with more severe disease (EMCI vs controls,  $p = 1$ ; LMCI vs controls,  $p = 0.037$ ; AD vs controls,  $p = 0.007$ ), whereas the left posterior hippocampus remained the same (EMCI vs controls,  $p = 1$ ; LMCI vs controls,  $p = 0.60$ ; AD vs controls,  $p = 0.11$ ) (Fig. 4). The decline was also present with the right anterior



**Fig. 5** Extra-hippocampal connectivity differences between controls and patient diagnostic groups. Positive  $t$  values indicate a reduction in the connectivity in the disease state vs controls. Whereas EMCI showed no differences, both LMCI and AD suffered connectivity decreases between the anterior hippocampus and the parahippocampal gyrus, the PCC, and the inferior parietal cortex. In addition, LMCI and AD also showed

decreases in the connectivity between the posterior hippocampus and the middle temporal gyrus, the fusiform gyrus, and the occipital lobe. No significant connectivity increases in disease states were observed. Connectivity increases \*RFT-corrected (LMCI and AD, corrected threshold  $p \leq 0.05$ ), with minimum cluster size = 238 mm<sup>3</sup> and supra threshold = 3.1893 for the controls vs AD contrast

seed (EMCI vs controls,  $p = 0.99$ ; LMCI vs controls,  $p = 0.52$ ; AD vs controls,  $p = 0.046$ ), but not the right posterior hippocampus (EMCI vs controls,  $p = 0.99$ ; LMCI vs controls,  $p = 0.59$ ; AD vs controls,  $p = 0.27$ ).

widespread functional disruptions between both the anterior and posterior hippocampi and the whole brain. AD patients exhibited similar disconnection patterns to LMCI, but with larger and more extended regions (Fig. 5).

### Reductions in Whole-Brain Extra-Hippocampal Connectivity in LMCI and AD Compared with Controls

No significant differences were observed between EMCI and controls after multiple comparison correction. In contrast, LMCI patients, when compared with controls, showed

### Discussion

In summary, we characterized rcHC as the overlap between the rostral and caudal functional networks of the hippocampus. We expanded on previous investigations of functional

**Table 1** Group demographics

	Controls	EMCI	LMCI	AD
$N$	56	48	35	31
Age (years)	75 ± 7	72 ± 7	73 ± 8	73 ± 7
Sex (% male)	55.4%	54.2%	40.0%	58.1%
Handedness (% right-handed)	87.5%	98.0%	94.3%	93.5%
Education (years)	17 ± 2	16 ± 3	17 ± 2	16 ± 3
MMSE (/30)	29 ± 2	28 ± 2	28 ± 2	23 ± 3***
ApoE4 (% positive)	28.6%	47.9%	37.1%	58.1%***
Hippocampus volume (mm <sup>3</sup> )	4871 ± 615	4564 ± 547	4786 ± 603	4238 ± 655***
Frame displacement (mm)	0.3 ± 0.1	0.3 ± 0.2	0.3 ± 0.1	0.3 ± 0.1

Mean ± standard deviation. \* $p \leq 0.05$ , \*\* $p \leq 0.01$ , \*\*\* $p \leq 0.001$ . Significance is calculated as compared with controls

connectivity in AD by employing a conjunction analysis, which provides a measure of convergence between the rostral and caudal hippocampal systems, and permits us to follow the rHC changes within a disease. We found that rHC reductions were apparent in LMCI and AD, were driven by a declining anterior network bilaterally, and were independent of hippocampal volume. Furthermore, rHC in the left anterior hippocampal seed proved more sensitive than hippocampal volume in distinguishing EMCI from LMCI. Finally, we validated our dataset by generating connectivity maps between the hippocampus and the rest of the brain and observing declines in LMCI and AD, in agreement with previous findings [4, 37]. While we did not observe changes between cognitively normal controls and EMCI, this could be because the present analyses were corrected for hippocampal volume in contrast to previous studies reporting differences between cognitively normal and EMCI subjects [38].

Disrupted patterns of connectivity within and outside of the hippocampus were simultaneously observed in LMCI but not in earlier states, suggesting that AD pathophysiology affects a hippocampal hub connected to both internal and external regions. Combined with the dissociation between the anterior and posterior hippocampus, our results suggest that such a hub resides in the anterior section of the hippocampus. In addition, no increases in rHC were observed with increasing disease severity, suggesting that rHC may be a useful functional biomarker of AD because it does not confound the compensatory neural activity frequently observed in other fMRI biomarkers [39, 40]. Because rHC but not hippocampal volume was different between EMCI and LMCI, our results suggest that changes in functional convergence may prove to be a sensitive biomarker of disease severity along the AD spectrum.

The functional role of the hippocampus varies across its longitudinal axis; specifically, the anterior hippocampus contributes to emotional reactions and the posterior hippocampus to cognitive functions [41, 42]. As such, our results—the disruption of the anterior system and preservation of the posterior one—fit with early AD neuropsychiatric symptoms of apathy and mood disorders [43–45]. Furthermore, the absence of a conjunction between the anterior and the posterior hippocampi in LMCI indicates hippocampal dysfunction in individuals close to converting to AD. As these functional connections are a substrate of the BOLD signal, our findings may be related to synaptic activity changes [46]. Indeed, previous histological investigations suggest the loss of hippocampal cells and the deletion of synapses during the course of AD. In particular, the dentate gyrus exhibits reduced number of synapses in the outer molecular layer in early AD; CA1 has lower synaptic gene expression and neuronal count in MCI; and CA3 neuronal density is decreased in AD [47–51]. In addition, these synaptic density changes are highly correlated with cognitive impairment [52]. Since a significant part of the hippocampal formation's intra-circuitry is unidirectional, from the dentate gyrus to

the subiculum, any disruption along that path will likely contribute to decline in rHC [53].

Some methodological limitations of our study make replication of these results desirable. Firstly, the ADNI dataset control cohort tends to be more educated with a higher MMSE score and have a higher representation of participants with a family history of AD. Secondly, despite correcting for structural changes using a non-linear co-registration and including the volume of the hippocampus as covariate across our analyses, it remains possible that structural differences such as hippocampal shape [54] impacted the present results. Furthermore, because amyloid positivity was not an inclusion criteria for the control and MCI subjects, we cannot conclude that these results are representative of the entire Alzheimer's disease spectrum, as some individuals may not have Alzheimer's pathology. Finally, given the cross-sectional nature of the present study, our results cannot infer a predictive value of the hippocampal connectivity in the progression towards AD.

In conclusion, we observed a decline in hippocampal functional network convergence in EMCI, LMCI, and AD. Furthermore, the anterior hippocampal network is disrupted in LMCI and AD and loses its synergy in patients with more advanced disease. Our study warrants the segregation of hippocampal subfields across its longitudinal axis when conducting imaging studies. Finally, our results support a framework for the investigation of functional convergence as a biomarker of neurological and psychiatric disorders.

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## Compliance with Ethical Standards

In this section, we outline our manuscript's compliance with all relevant ethical standards.

**Conflict of Interest** Therriault J, Wang S, Mathotaarachchi S, Pascoal TA, Parent M, Beaudry T, Shin M, Benedet AL, Kang MS, Ng KP, Dansereau C, Park MTM, Fonov V, Carbonell F, Zimmer E, Chakravarty M, Bellec P, and Rosa-Neto P have no conflicts of interest to disclose. S. Gauthier has received honoraria for serving on the scientific advisory boards of Alzheon, Axovant, Lilly, Lundbeck, Novartis, Schwabe, and TauRx and on the Data Safety Monitoring Board of a study sponsored by Eisai and studies run by the Alzheimer's Disease Cooperative Study and by the Alzheimer's Therapeutic Research Institute.

**Ethical Approval** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

**Informed Consent** The ADNI study was approved by the Institutional Review Boards of all of the participating institutions. Informed written consent was obtained from all participants in the study.

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